### Fort Lauderdale High School Student Orientation Guide 2020-2021

Twitter: @FlhsOfficial







### **FLHS ADMINSTRATION**



Karleen Thompson 9th Grade
Assistant Principal



**Assistant Principal** 

Twitter: <a>@eddierodAP</a>





Sean Curran
11<sup>th</sup> Grade
Assistant Principal

Liz Tatum
12<sup>th</sup> Grade
Assistant Principal







### FLHS GUIDANCE DEPARTMENT

- Melinda McFadden: A-D Guidance Director
  - Email: melinda.mcfadden@browardschools.com
- Chris McCullen: E-K School Counselor
  - Email: <a href="mailto:chris.mccullen@browardschools.com">chris.mccullen@browardschools.com</a>
- Joann Simmons: L-R School Counselor
  - Email: joannkitchen.simmons@browardschools.com
- Keely Turczyn: S-Z School Counselor
  - Email: <u>keely.turczyn@browardschools.com</u>
- Cammy Wolfe, BRACE ADVISOR
  - Email: <u>cammy.wolfe@browardschools.com</u>
- Twitter: <u>@FLHSGuidance</u>



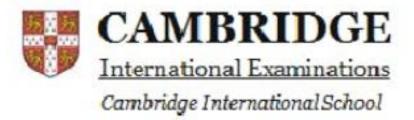
## SOCIAL EMOTIONAL SUPPORT

- Family Counselor: Toniann Butler-Romulus
  - Email: Toniann.Butlerromulus@browardschools.com
- · School Social Worker: Paul Zenon
  - Email: paul.zenon@browardschools.com
- First Call for Help: 2-1-1
- Broward County Public Schools Mental Health Hotline:
  - 754-321-HELP (4357)
- National Crisis Text Line: 741741
- National Suicide Prevention Lifeline:
   1-800-273-TALK (8255)



## FLHS MAGNET PROGRAMS

- Cambridge Magnet Coordinator
  - Deborah Payraudeau
    - Email:deborah.payraudeau@browardschools.com
- Pre-Law Magnet Coordinators
  - Jennifer Muha
    - Email:jennifer.muha@browardschools.com
  - Daniel Katz
    - Email: daniel.katz@browardschools.com
  - Follow on Twitter: <u>@flhs\_law</u>









- Assessment Coordinator: Melissa Wray
  - Newsletter Editor, SAC Co-Chair
  - Email: melissa.wray@browardschools.com
- ELL/ESOL Coordinator: Ferney Vela
  - Teacher
  - Email: Ferney. Velacespedes@browardschoos.com
- ESLS Specialist: Valerie Ruwe
  - Volunteer Liaison, SAC Co-Chair
  - Email: valerie.ruwe@browardschools.com
- Gifted Support Facilitator: Malease Berg
  - Yearbook Coordinator
  - Email: malease.berg@browardschools.com
- Transportation Liaison: Bori Lenard
  - Behavior Specialist
  - Email: bori.lenard@browardschools.com
- 504 Liaison: Staci Newton
  - Peers as Partners
  - Email: staci.newton@browardschools.com

#### **BACK TO SCHOOL**

- Back to Schools Forms
  - Complete Forms Digitally
- Student Code of Conduct
  - <u>Digital Code of Conduct</u>
- Broward Schools Mobil App
  - Step by Step Directions
- Canvas Parent APP
  - Step by Step Directions



### CAMPUS LEARNING HOURS

- E Campus Learning Hours:
  - 8:30 AM to 3:10 PM
- Attendance Hotline 754-322-1102



### SCHOOL SCHEDULE

#### • Blue & White Days

- 90 Minute Periods
- White Days: 1,2,3,4
- **Blue Days:** 5,6,7,8
- Lunch: 30 Minutes
- Study Hall
  - 2<sup>nd</sup> Period: 9<sup>th</sup> & 11<sup>th</sup> Grade
  - 6th Period: 10th & 12th Grade
- Passing Time
  - Distance Learning: 5 Minutes



#### FORT LAUDERDALE HIGH SCHOOL 2020-2021 CALENDAR

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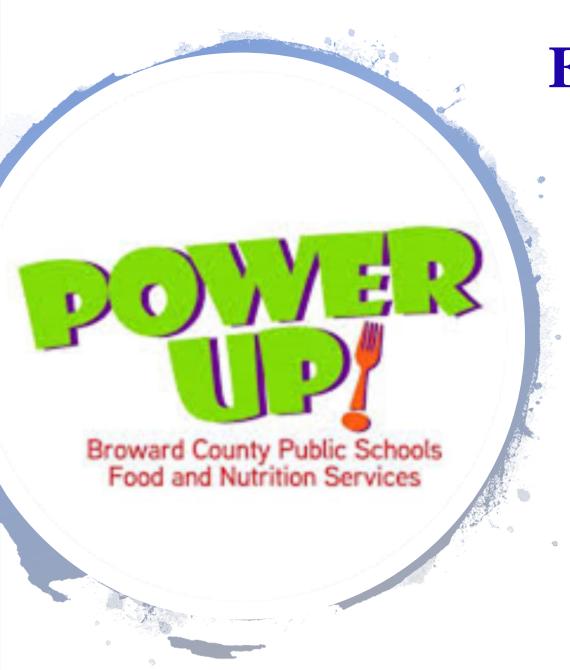
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	Calenda	ır Ce	odes
	School Closed		Report Cards
	Exams	$\Diamond$	Interies Reports
/	Planning Day		A1
	Periods 1-4		First and Lost Day
	Periods 5-8	ERD	Early Railross Day 12-th Dismonal
	SAC Meeting	PSD	Professional Study Day





### FOOD & NUTRITION

- Free & Reduced Lunch
  - Apply Here
  - Students may be eligible for additional benefits
- My School Bucks: Online Meal Payment
  - Pay Here
  - Need Student Number to Complete



MONITORING STUDENT PROGRESS

- Pinnacle: Monitor Class Grades
  - Check Grades Here
  - User Name:
    - Student ID#@my.browardschools.com
  - Password: PMM/DD/YYYY (Birthdate)
- Canvas: Monitor E-Learning
  - Step by Step Directions
  - Check Calendar for Assignments Due
- Virtual Counselor: Report Card & Graduation
  - Virtual Counselor
  - Click to log in as a "Student."
  - Username student's ID number
    - (i.e. 060000000)
  - Password: Password: MM/DD/YYYY (Birthdate)



### PARENT INVOLVEMENT

- Fort Lauderdale PTSA
  - Click Here to Join
  - Twitter: @PtsaFlhs
  - Amazon Smiles
    - Raise Funds for School with Each Amazon Purchase
    - Enroll Here
- School Advisory Committee (SAC) & School Advisory Meeting
  - Develop, Monitor & Implement School Improvement
  - 2<sup>nd</sup> Tuesday of Each Month at 3:30 pm
  - Principal Report Each Meeting
  - Curriculum Presentation Each Meeting
  - Email: <u>Valerie.ruwe@browardschools.com</u>
- Register to Volunteer
  - Volunteer Via Virtually or Face to Face
  - Register Here
  - Need a Badge Email: Valerie.ruwe@browardschools.com





STUDENT ATHLETICS

• Athletic Director: Timothy Lawrence

• Email: tjlawrence@browardschools.com

Physical Required

• **Electronic Application** via Dragon Fly Max

• Directions Here

• Covid 19 Release

• Fall/Winter Sports: Cheerleading, Cross Country, Football, Girl's Volleyball, Swimming, Girl's and Boy's Soccer

Spring Sports: Baseball, Basketball, Lacrosse, Softball, Track
 & Field, Water Polo, Wrestling, Boy's Volleyball

• Athletic Events Security Protocols

• Learn More Here

Admission Fee May be Required

Follow on Social Media

• Twitter: <u>@FlyingLsAthlete</u>

• Facebook: Flying L Athletics



#### Get Involved

- Student Government Association (SGA)
  - Spirit Weeks
  - Homecoming Week
  - School Spirit
  - Twitter: <a href="mailto:orange;">@flyinglsga</a>
  - Email: carleigh.carmichael@browardschools.com

#### Class Activities

- 12th Grade Class of 2021
  - Class Sponsor tiffany.colon@browardschools.com
  - Twitter: @FLHS\_2021
- 11th Grade Class of 2022
  - Class Sponsor: <u>vanessa.liburd@browardschools.com</u>
  - Twitter: @Flhs2022
- 10<sup>th</sup> Grade Class of 2023
  - Class Sponsor: <a href="mailto:heidi.knopp@browardschools.com">heidi.knopp@browardschools.com</a>
- 9th Grade Class of 2024
  - Class Sponsor

#### After School Clubs

- Clubs will meet virtually or face to face when we return to campus
- Make it a Goal to Join at Least One Club
- List of Clubs



### GRADUATION REQUIREMENTS

- Graduation Requirements
  - Information Here
- Check Your Progress Toward Graduation Each Quarter
  - Virtual Counselor
- Email Your School Counselor to Discuss Your Progress



# MAKE A PLAN FOR YOUR FUTURE

- Career & College Readiness Information
  - Resources
  - Questions & Answers, Resources
- Florida Shines
  - Enter Here
  - Learn How to Go to College
- Big Future: Collegeboard Planning Resources
  - Enter Here
  - Parent Resources, Check Off list by Grade



#### BEFORE THE FIRST DAY OF SCHOOL

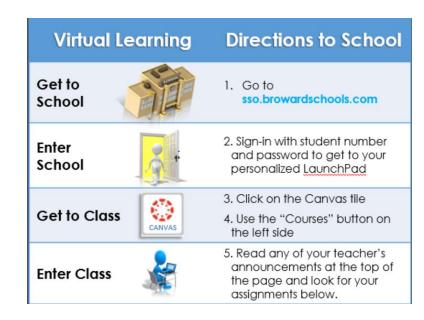
- Prior to August 17th
  - Watch Orientation Video
  - Make Sure You Have a Working Laptop/Tablet with Internet Access
    - If You Need Assistance, call 754 321-0569
  - Make Sure You Have A Dedicated Learning Space in the Home
  - Make Sure You Have Basic Supplies Paper, Pens/Pencils, & Calculators
  - Consider Using Headphones If There Are Distractions In Your Work Space

- August 17<sup>th</sup> Retrieve Your Class Schedule
  - Log On to Virtual Counselor
  - Virtual Counselor
  - Click to log in as a "Student."
  - Username student's ID number
    - (i.e. 060000000)
  - Password: Password: MM/DD/YYYY (Birthdate)
- August 18th Rest UP!!!
  - Go to Bed Early
  - Get a Good Nights Rest
  - Review Your Schedule for Tomorrow
  - Set Timers on Your Phone for Each Class



### FIRST DAY OF SCHOOL

- School Starts August 19<sup>th</sup> Via E-learning
- Wake Up At Least An Hour Before School Starts
  - Eat A Healthy Breakfast
  - Check Any Emails In Canvas
  - Organize Your Learning Space
  - Create Alarm In Your Phone For The Start Of Each Class
- Log On To Your First Class By 8:20 AM
  - Go To sso.browardschools.com
  - Sign On With Your Username & Password
  - Click On The Canvas Image
  - Use The "Courses" Button On The Left Blue Navigation Bar To Access Your 1st Period Class
  - Read Any Of Your Teacher's Announcements
  - Locate The Link To Enter Class Or Teams Meeting
- Repeat The Steps For Periods 2-4
- End Of School
  - Congratulate Yourself On A Job Well Done
  - Complete Any Unfinshed Work Or Home Work
- Tomorrow Repeat For Periods 5-8



### SCHOOL SCHEDULE FOR DISTANCE LEARNING

- White/Blue Days
- Period 1/5
  - 8:30 AM -10:00 AM
- **Period 2/6** 
  - 10:05 AM –11:35 AM
- Lunch
  - 11:35 AM -12:05 PM
- **Period 3/7** 
  - 12:05 PM -1:35 PM
- Period 4/8
  - 1:40 PM -3:10 PM



**DISTANCE LEARNING TIPS** 

- Set Up a Routine
  - Set Alarms In Your Phone For The Start of Each Class Period
  - Set an Alarm to Complete Homework/Study After School
- Follow Online Safety and Cyber Wellness
  - Do NOT Share your Single Sign On Information with other students
  - Think Before You Post or Speak
  - More Information
- Limit Distractions
  - Find a Quiet Place to Work at Home
  - Consider Using Headphones to Limit Noise
  - Put Your Cell Phone Away, Silenced, & Out of Reach
  - Only Use Your Phone During Breaks
- Make a Space for Learning
  - Choose a Location Free of Distraction
  - Has Internet Access
  - Background Free of Clutter
  - Get Dressed for School Each Day
- Schedule Breaks for Snack, Phone Use, etc.
- Arrive to the Virtual Classroom at Time Required
  - Sign On to Each Course
  - Enter The Classroom Via A Link Or In Teams
  - Follow Teacher Directions



### RULES OF DISTANCE LEARNING

- Adhere To Broward County Student Code Of Conduct At All Times
  - Adhere To The Dress Code
  - Arrive To Class On Time
  - Speak/Post/Type In A Respectful Manner
  - Do NOT Record Class Unless Instructed By A Teacher
- Respect Your Classmates, Teachers And Yourself
  - Speak In A Positive Tone
  - Use School Technology For Educational Purposes Only
- Use Appropriate Language, Images, And Videos
  - Refrain From Offensive, Obscene, Insulting, Discriminatory, Language/Images Or Videos
- ONLY Sign On As Yourself
  - Do NOT Share Your Log On Information
  - Do NOT Share Links To Other People
  - DO NOT Plagiarize, Falsify Information, Or Cheat
- Think Before You Type Or Post, You Cannot Delete
  - Post, Type, Film Only Class/Topic Related Information In Any Chat Boxes, Discussion Boards, Or Classroom Assignments
- Start Class Mic Off And Camera Off
  - All Teams Meeting Students Must Keep Mic And Camera OFF Unless Given Permission By Teacher
  - All Students In Violation Of The Student Code Of Conduct Will Be Subject To Consequences As Outlined In The Discipline Matrix.



#### **HOW TO GET GOOD GRADES**

#### Be Prepared

- Have a paper & pencil ready at the beginning of each class Review the Notes Prior to Class

#### **Limit Distractions**

- Stay focused on your studies by logging off all social media accounts while completing schoolwork Put phone/video games away while completing school work

  Do NOT open any tabs other than the ones need to complete your work

#### Take Notes

- Write down important points. Just like in a traditional classroom setting, taking notes may make it easier to remember the important pieces of information you will need to retain.
  Take Notes on PAPER for each class, take notes while reading
  You remember what you write

#### **Stay on Task**

- Complete task on time
- After school complete all homework or unfinished work Arrive to class on time, use all 90 minutes to complete your work
- Use study hall to complete work

#### Make Studying Enjoyable

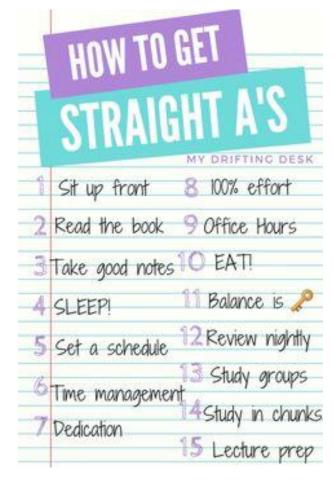
- Playing happy music keeps you alert and in a good mood. Keeping good vibes going while studying, makes studying go by faster, and much more enjoyable
  Study for Test in advance by re-reading notes, making flash cards, making study guides

#### **Beat Deadlines**

Set a strict guideline on assignments. If an assignment is due on a Monday, do not wait to do it until Sunday night. It creates unnecessary stress and anxiety

#### Ask for Help

- Email Teachers via Canvas with Question your may have If you don't understand in class raise your hand and ask the teacher to clarify. Ask the teacher if there are peer tutors available for extra help





#### WHILE STUDENTS ARE ONLINE

#### PLEASE DO NOT:

- Use rude, hurtful, or racially offensive language.
- Post language, materials, or images containing vulgarity, nudity, or drugs.
- Engage in personal attacks, insults, threats, harassment, or bullying.
- Post private information.
- Be academically dishonest or cheat by violating copyright laws or using someone else's material without permission.





# ONLINE OR ON CAMPUS IS NOT A PLACE FOR HATE



## No Place for Hate® Promise

- I promise to do my best to treat everyone fairly.
- I promise to do my best to be kind to everyone even if they are not like me.
- If I see someone being hurt or bullied, I will tell a teacher.
- Everyone should be able to feel safe and happy at school.
- ¶ I want our school to be No Place for Hate
  ¶.



### STILL HAVE QUESTIONS

- Classroom Specific Questions Email Teacher Directly or via Canvas
  - Teacher Emails
- Campus or School Wide Questions Email Your Grade Level Administrator
  - 9th Grade Karleen Thompson: <u>karleen.thompson@browardschools.com</u>
  - 10<sup>th</sup> Grade Edward Rodriguez: <u>edward.rodriguez@browardschools.com</u>
  - 11th Grade Sean Curran: sean.curran@browardschools.com
  - 12th Grade Liz Tatum: liztatum@browardschools.com
- School Phone Number 754-322-1100
- Visit Our School Canvas Page FLHS Parent & Student Canvas Course
  - Enroll Here
- Visit Our School Website
  - Enter Here



